



Albuquerque Vipassana  
Sangha invites you to the first

# Earth Care Retreat in the Sandia Mountains

Saturday, October 5, 2013  
Balsam Glade Group Picnic Site  
9:30am – 4:00pm

When we touch the Earth, our home, with awareness we can open to joy, beauty, and belonging. This heartfelt connection can bring forth a sense of care and compassion for all of life.

With awareness we can also let in the challenges to the Earth's well-being: pervasive drought, extensive wildfires, and rapidly melting sea ice. These and other threats of climate change can be the ground for awakening.

The Earth Care retreat is a time to connect with the Earth and touch our innate capacity to respond to these threats with wisdom and compassion.

The retreat will be led by Kathryn Turnipseed, Community Dharma Leader, and will include sitting and walking meditation, and a dharma talk.

**What to Bring:** lunch, beverage, cushion or chair. Be prepared for variable and cool weather.

**Register:** [kathrynt@swcp.com](mailto:kathrynt@swcp.com) or 974-1777. Please indicate if you are interested in car-pooling.

**Cost:** The retreat is offered freely. There will be an opportunity to offer donations to the teacher and to the sangha

**Parking:** There are six parking passes that will be distributed freely to folks who carpool. Regular parking pass is \$3

**Directions:** From I-40 Exit 175 (Tijeras). Continue north on Highway 14 for another 7 miles to Highway 536 for approximately 9 miles to the picnic area.

Earth Care Week (October 1 – 7) is an initiative of One Earth Sangha, which supports awakening and responding to climate change and other threats to our shared home. One Earth Sangha is oriented toward Buddhist and mindfulness practitioners seeking dharma practices and community around care of the Earth. [www.oneearthsangha.org](http://www.oneearthsangha.org)