



ALBUQUERUQE VIPASSANA SANGHA PRESENTS  
A DAYLONG RETREAT WITH

**DAEJA NAPIER**

Sunday, July 24, 2011

At The Source

**Daeja Napier is the founding and guiding teacher of the Brahma Vihara Foundation. She has been teaching vipassana meditation in combination with the cultivation of the four brahma-viharas for the last thirty years. Her emphasis has been on the cultivation of formal and informal practice in everyday life.**

If we look closely, with compassion and love, we can see the dharma in everything---without exception” – Daeja

This daylong retreat will meet from 9:30 am – 4 pm. DaeJa will set the schedule, and will be including instructions and talks during the course of the day.

The Source is located at: 1111 Carlisle, at the corner of Anderson; 6 blocks north of Gibson; about one mile south of Central.

Chairs are available; bring cushions or benches for floor sitting. Bring a bag lunch.

Thank you for your generosity:

**Dana for the teacher:** teachers in this tradition receive no fees; they depend on the generosity of the community for their livelihood.

There will also be a basket for donations to the Sangha if you wish to offer support.