



ALBUQUERQUE VIPASSANA SANGHA PRESENTS  
A DAYLONG RETREAT WITH

**DAEJA NAPIER**

Sunday, January 23, 2011

At The Source

**Daeja Napier is the founding and guiding teacher of the Brahma Vihara Foundation. She teaches Insight Meditation with a particular emphasis on the Brahma-Viharas. She has studied and practiced in various Buddhist traditions since 1972 and has taught since 1986.**

“If we look closely, with compassion and love, we can see the dharma in everything---without exception” – Daeja

This daylong retreat will meet from 9:30 am – 4 pm. Daeja will set the schedule, and will be including instructions and talks during the course of the day.

The Source is located at: 1111 Carlisle, at the corner of Anderson; 6 blocks north of Gibson; about one mile south of Central.

Chairs are available; bring cushions or benches for floor sitting. Bring a bag lunch.

Thank you for your generosity:

**Dana for the teacher**

Donations will be accepted to help with the cost of space rental.