## Albuquerque Vipassana Sangha Daylong with DaeJa Napier

## Saturday February 13, 2010

9:30 am to 4 pm

## **Wat Buddhasothorn Temple**

## Many thanks to the monks for welcoming us into their temple and providing such a nice place for us to meet

DaeJa Napier is the founding and guiding teacher of the Brahma-Vihara Foundation. She teaches Insight Meditation with a particular emphasis on the brahma-viharas. She has studied and practiced in various Buddhist traditions for over thirty years and has been teaching for seventeen. Her root teacher is Zen Master Soeng Sahn. Dedicated to exploring the depths of the awakening process, she maintains a yearly schedule of intensive practice. Most recently she practiced under the guidance of Sayadaw U Janaka, Sayadaw U Pandita and Joseph Goldstein. DaeJa is the mother of five adult children.

Directions to the Wat Buddhasothorn Temple, Albuquerque, NM

The Wat Buddhasothorn Temple is located at 145 Madison, NE, on the southwest corner of Copper and Madison -- one block north of Central, three blocks east of Washington, between Washington and San Mateo.

Please bring a bag lunch. Also bring a cushion or bench, if you wish. Chairs will be provided. For more information check our website: <a href="http://www.abqsangha.org">http://www.abqsangha.org</a>