

End of Year Retreat

December 30 and 31, 2012

9:30 am - 4 pm

Retreat Leaders: Community Dharma Leaders Valerie Roth and Kathryn Turnipseed

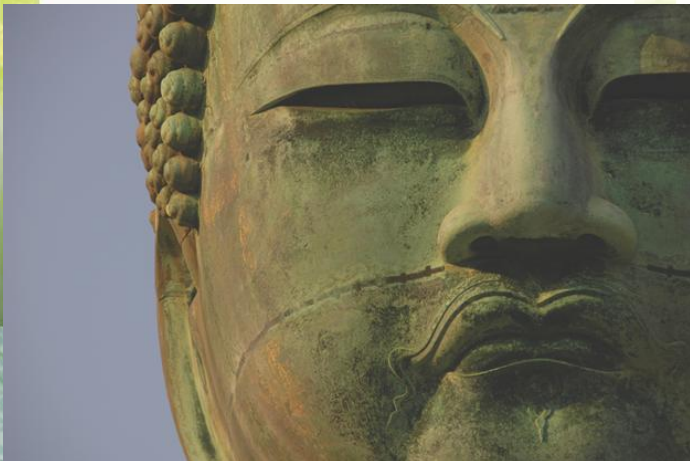
What: Sitting and walking meditation; chanting; Dharma teachings and reflections; You are welcome to attend all or part of the retreat

Location: The Source, 1111 Carlisle Blvd. SE

Bring: Cushions for floor sitting; chairs are available; bag lunch if you wish.

Cost: There is no charge. Offerings for teachers and Albuquerque Vipassana Sangha will be accepted.

Additional Information: valerie.roth2@gmail.com or kathrynt@swcp.com



*"As this year draws to its end,
We give thanks for the gifts it brought.
We bless this year for all we learned,
For all we loved and lost
And for the quiet way it brought us
Nearer to our invisible destination." John O'Donohue*

Albuquerque Vipassana Sangha