

# THE ALBUQUERQUE VIPASSANA SANGHA PRESENTS



## **JASON SIFF** Teacher in Residence April 24 - May 22, 2008

Jason Siff is an innovative teacher of Buddhist meditation and founder of the Skillful Meditation Project. His approach to meditation, called “Recollective Awareness,” is grounded in the teachings of early Buddhism. He developed this approach through extensive practice and inquiry, study of the original Pali suttas, and in-depth work with students. Jason was a Theravada Buddhist monk in Sri Lanka during the late 1980s, where he studied Buddhist psychology and philosophy. For more information - [www.skillfulmeditation.org](http://www.skillfulmeditation.org)

### **Weekend workshops exploring Jason’s Recollective Awareness Meditative Process**

**Introductory Meditation Workshop:** Saturday May 3, noon - 5pm Sunday May 4, 9am - 3pm

**Meditation Workshop:** Saturday and Sunday May 17 & 18 9am - 3pm

to register contact Karen at [karenavs@dukecity.sent.com](mailto:karenavs@dukecity.sent.com) (505) 268-2678

#### **Thursday Evening Meditation and Dharma Talks**

Wat Buddhasothorn Temple, 145 Madison NE

6:30 pm April 24, May 1, 8, 15, 22

#### **Wednesday Evening Study Group: “The Nature of Consciousness”**

Wat Buddhasothorn Temple, 145 Madison NE

6:30 pm April 30, May 7, 14, 21

#### **Sangha Potluck Brunch**

All are welcome!

Sunday April 27 10 am

home of Hilary Heyl

505-873-8683

Jason will be available for interviews while he is in Albuquerque.

For more information: Karen at [karenavs@dukecity.sent.com](mailto:karenavs@dukecity.sent.com) (505) 268-2678

**Albuquerque Vipassana Sangha**

[www.abqsangha.org](http://www.abqsangha.org)