

Brian Lesage

In residence with Albuquerque Vipassana Sangha

Thursday, February 16 through Sunday February 26, 2012

“Everything and Nothing:
Emptiness and Interdependence on the Spiritual Path”

SCHEDULE OF EVENTS

Thursdays, February 16 and 23: Dharma Talk, at the Wat :“Emptiness”

Sundays, February 19 and 26: Dharma Talk at Bhava Yoga:“Interdependence”

Saturday, Feb 25; Mindful hiking 10 – 4 (see back of page)

Sunday, Feb 26: **half day retreat** at the Source 9 – 1

No registration required

Morning meditation and practice discussions:

Friday, Feb 17, Monday Feb 20, and Friday, Feb 24: 7–8:30 am.

Mel Schneider’s home: 1802 Valencia Dr. NE (corner Constitution)

Evening study groups: Fridays, Feb 17 and 24: 6:30 – 8:30 pm

Readings:

17th: Emptiness: accesstoinight.org/lib/authors/thanissaro/emptiness.html

24th: Interdependence: Andrew Olendzki; download PDF from AVS website

Meeting at Alexcia Trujillo’s office next to the Wat.

Individual Practice Discussion Appointments are available: contact Mel Schneider at: 345–9165 or melmelsch@yahoo.com

See back of this page for times and dates.

Dana to the teacher is appropriate at all events, including practice discussions and group discussions.

For more information, go to our web site abqsangha.org or contact Valerie Roth at 688-9005 or valerie.roth2@gmail.com

Individual practice discussion appointments with Brian:

Brian says this about practice discussions:

“Practice discussions are an opportunity to explore any aspect of one’s spiritual practice. Since spiritual practice encompasses the entirety of life, the discussions may center on anything that is relevant to one’s journey”

Two locations: mornings and Tuesday evening @ Andrea and Todd’s in Los Ranchos

Friday, Feb 17th: 11:00 am; 12:15 am

Saturday, Feb 18th: 10:00 am; 11:15 am; 12:30 pm

Monday, Feb 20th: 11:00 am; 1:30 pm; evening @ Alexcia’s office: 6:30 pm; 7:45 pm

Tuesday, Feb 21st: 10:00 am; 11:15 am; 12:30 pm; 5:00 pm; 6:15 pm; 7:30 pm

Wednesday, Feb 22nd: 10:00 am; 11:15 am; 12:30 pm; evening @ Alexcia’s 6:30 pm; 7:45 pm

Friday, Feb 24: 12:15 pm

Appointments are made through Mel Schneider at: 345-9165 or melmelsch@yahoo.com

IF YOU WOULD LIKE A PRACTICE DISCUSSION WITH BRIAN AND YOU ARE UNABLE TO MAKE ANY OF THESE TIMES, PLEASE CONTACT BRIAN BY EMAIL AT: [Brian @ liberatingawareness.com](mailto:Brian@liberatingawareness.com)

HIKE: Domingo Baca (TWA) canyon; meet at Starbucks on Academy near Tramway
OR: at Ellena Gallegos open space on Sims road- near bathrooms at far north parking loop.
10 am - 4 pm Saturday, February 25. Rhonda Arkana: arkana@me.com