

Albuquerque Vipassana Sangha

welcomes

Gloria Taraniya Ambrosia

in residence

September 7 — October 6, 2010

Dharma Talks

Thursdays September 9, 16, 23, 30 Attachment (Upadana)

The Wat

Sunday Meditation and Dharma Discussions

Sundays September 12, 26, and October 3

Bhava Yoga Studio

Half-Day Retreat

<u>Sunday</u> September 26 *Samadhi in Everyday Life – is it Possible?* The Source **Daylong Retreat in Santa Fe**

Sunday September 19 The Subtle Meaning of Going for Refuge Mountain

Cloud Zen Center, Santa Fe (registration: Joan Mitchell 505-983-2475)

Individual Practice Discussions Contact valerie.roth2@gmail.com or 688-9005

for appointments and directions

Tuesday evenings (45 min. appointments) September 21 and 28; 5:30 or 6:30

Saturdays (30 min. appointments) September 18 and 25; 9am - 5pm

Special Group Discussions on Practice: TBA

Potluck Saturday September 11 - see website below for info

Gloria Taraniya Ambrosia has been a Dhamma teacher since 1990. She is a student of the western forest sangha, the disciples of Ajahn Sumedho and Ajahn Chah, and is a Lay Buddhist Minister in association with Abhayagiri Buddhist Monastery in California. She served as resident teacher of the Insight Meditation Society in Barre, Massachusetts from 1996 through 1999. Taraniya serves as one of the three Core Faculty at the Barre Center for Buddhist Studies where she does most of her teaching.

