



## Brian Lesage Ten-Day Residency

February 18 - 28, 2010

- Thursday, 2/18 6:30 p.m. Meditation/Sit at the Wat  
Dharma Talk: "Gateways to Freedom: The Hindrances"
- Friday, 2/19 6:30 p.m. Buddhist Movie Night: "Spring, Summer, Fall, Winter....and Spring" at  
Mark Steele's Home, 715 Solano Dr. SE
- Saturday, 2/20 Study Group: We will examine Engaged Buddhism in the larger context of Buddhist  
practice and we will also examine it in terms of our own spiritual practice.  
[Text: excerpt from *Interbeing: Fourteen Guidelines for Engaged Buddhism* by Thich Nhat  
Hanh. Contact Tiska at [tiska@unm.edu](mailto:tiska@unm.edu) for copies.]  
RigDzin Dharma Center, 322 Washington St., SE, 9:00 a.m. – 1:00 p.m.
- Sunday, 2/21- 6:30 p.m. Meditation/Sit at Bhava Yoga Studio, 520-A Central, SE  
Dharma Talk: "The Second Noble Truth"
- Monday, 2/22 - 6:00-8:00 p.m. Engaged Buddhism Study Group (continued) at RigDzin Dharma  
Center. [Text: excerpt from *The Bond between Women* by China Galland (Contact Tiska  
at [tiska@unm.edu](mailto:tiska@unm.edu) for a copy) and "What's Buddhist about Socially Engaged Buddhism"  
by David Loy. The article can be found at:  
<http://www.zenoccidental.net/articles1/loy12-english.html>]
- Thursday, 2/25 - 6:30 p.m. Meditation/Sit at the Wat  
Dharma Talk: "Gateways to Freedom: The Aggregates"
- Saturday, 2/27 - 8:30 - 12:30 a.m. Hike: "Bringing Mindfulness into the Outdoors" (Please join us  
for a mostly silent hike with periods of mindful hiking interspersed with sitting  
meditation and time for discussion.)  
Evening Potluck: 5:30 p.m. until satiated; at the home of Andrea Escher.
- Sunday, 2/28 - Half-day Sit at the Source with Brian, 9:00 a.m. – 1:00 p.m., 1111 Carlisle Blvd. SE

\*\*\*\*Individual Practice Discussions: Sign up sheet will be on the table at the Wat or  
call Tiska @ 256-3785.