

DaeJa Napier Mini-Residency

The Kalama Sutta: How to Investigate What is True

Sometimes referred to as the "Charter of Free Inquiry," the Kalama Sutta is a core teaching of the Buddha that addresses the question of how to investigate what's true. This timeless teaching based on an exchange between a group of villagers and the Buddha focuses on the primacy of one's direct experience, and peels away inclinations to look for the truth through conceptualizations. This teaching functions as a compassionate guide to point the way in seeing our experience of the moment through discernment and investigation. It allows for a realistic expectation from one's meditative practice. "See for yourself" is a phrase that recurs frequently in Buddha's teachings. How do we translate it in our life and practice as a skillful means? What does it mean to rearrange our perspective on things of the world? How does it help us in living an intentional day-to-day life while guided by Buddha's teachings on happiness and the end of suffering?

Dharma Talk: Thursday July 17, 2014 6:30 pm – 8:15 pm
Daylong Retreat: Saturday July 19, 2014 10:00 am - 4 pm
Discussion and Inquiry: Sunday July 20, 2014 1:00 pm - 4 pm



DaeJa Napier teaches Vipassana with an emphasis on the cultivation of the four Brahma Viharas, loving kindness, compassion, appreciative joy and equanimity. She has been practicing and studying in various Buddhist traditions since 1974, under the guidance of prominent Asian and Western teachers. DaeJa has dedicated her life to exploring the traditional pathways to awakening and their application in daily life. She is the mother of five adult children.

Retreat Structure: This daylong retreat will consist of teachings and discussion offered by DaeJa as well as sitting and walking meditation.

Location: 200 Rosemont Ave NE, Albuquerque, NM – SW of intersection of Broadway & Mountain

Retreat Cost: Participants are not required to pay to attend this retreat.

Dana for the Teacher: Dharma teachers in this tradition receive no fees; they depend on the generosity of the community for their livelihood. Baskets will be available to offer support to both DaeJa and the Sangha.

What to Bring: Lunch on Saturday. Cushions or benches if you wish for sitting; chairs will be available.

Additional Information: Fred Herman, 505-323-8159, FHerman894@aol.com

