



The Santa Fe Vipassana Sangha

The Albuquerque Vipassana Sangha

Offer

**A 7 day Vipassana Retreat**

May 18 through May 25, 2014

At The

**Institute of American Indian Art**

Taught By

**Joseph Goldstein, Carol Wilson & Grove Burnett**

**Joseph Goldstein** is a cofounder of the Insight Meditation Society (where he is one of the resident guiding teachers) and the Barre Center for Buddhist studies, both in Barre, Massachusetts. He is the author of *Mindfulness: A Practical Guide to Awakening*, *A Heart Full of Peace*, *One Dharma: The Emerging Western Buddhism*, *Insight Meditation* and *The Experience of Insight*. He has also coauthored books with Sharon Salzberg and Jack Kornfield. Joseph has studied and practiced meditation since 1967 under the guidance of eminent teachers from India, Burma, and Tibet and he leads Insight Meditation retreats around the world.

**Carol Wilson** is an IMS guiding teacher and has practiced insight meditation since 1971 with a variety of teachers, including Sayadaw U Pandita and Ashin U Tejaniya, as well as spending a year as a nun in Thailand. She has offered retreats worldwide since 1986, including the annual IMS Three-Month course.

**Grove Burnett** is a meditation teacher and mindfulness trainer. He has practiced meditation for over 25 years and is founder and guiding teacher of the Vallecitos Mountain Ranch, a non-profit retreat center located west of Taos New Mexico, which hosts Dharma retreats and provides innovative mindfulness based trainings and retreats for professionals from all over the United States. He has trained with meditation teachers Joseph Goldstein, Jack Kornfield and Vietnamese Zen Master Thich Nhat Hanh.

**The Institute of American Indian Arts** is on the edge of Santa Fe and is surrounded by distant mountains. The campus is modern but isolated and is large enough to provide for seclusion and the quietness needed to support the practice.

**The Retreat** will begin at 7:00 pm on Sunday, May 18 and complete at noon on Sunday, May 25th, 2014.

### Additional Information

**Accommodations:** Accommodations will be dormitory style rooms each with a private bath. You may choose a double or single room. Meals will be provided from a light dinner on Sunday May 18th through breakfast on Sunday May 25th and will be vegetarian with vegan and gluten-free options. A full meal will be served at lunch, with light breakfasts and evening teas. We can accommodate some special dietary needs, but not all. Please check with the contact person below if you have special needs of any sort.

**Dana:** Since the time of the Buddha, the teachings have been given freely as they are considered to be priceless. This 2500 year old tradition is today sustained with the practice of Dana, a Pali word meaning generosity, allowing yogis to offer their teachers recompense for the teachings at the retreat's end. The teachers receive no other financial compensation.

**Fee:** The fee for the retreat is on a sliding scale of \$350-\$650. The estimated cost to the Sangha for the retreat is \$435 for a double room, and \$589 for a single but because of the generosity of a member of our Sangha we will be able to offer the retreat at a reduced cost. Please pay as much as you can so that we can offer this retreat to all regardless of their financial situations. Also, please consider making a donation to our Sangha Scholarship Fund. A deposit of \$150 is required with your registration and may not be refunded after May 1, 2014. Scholarships are available for this retreat; request scholarship information from the contact person.

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### Registration Form

Please complete this form and mail it, with your deposit to Elaine Giovando, 32 Double Arrow Rd, Santa Fe, NM 87505. Or you may email your registration (and mail your check) to [4elaineward@gmail.com](mailto:4elaineward@gmail.com). You may also call Elaine at 505-988-1916. You will receive written confirmation and additional information after your deposit has been received. This retreat will probably fill quickly, your registration will not be assured until your deposit has been received.

Name: \_\_\_\_\_ E Mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Retreat Fee Single room (\$500-650)      \$ \_\_\_\_\_

Retreat Fee Double room (\$350-500)      \$ \_\_\_\_\_

Donation      \$ \_\_\_\_\_ (Donations are optional. You may specify donation for scholarships or for general Sanhga expenses. These donations are tax deductible)

Total to be Paid      \$ \_\_\_\_\_

Amount Enclosed      \$ \_\_\_\_\_ Must be at least the \$150 deposit. Please make checks payable to

**the Santa Fe Vipassana Sangha**

Special needs or food allergies: \_\_\_\_\_

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