



## Radical Dharma Study Group

We will use the book *Radical Dharma: Talking Race, Love and Liberation* by Angel Williams, Rod Owens and Jasmine Syedullah as a springboard for exploring ourselves and American Buddhism in search of a deeper understanding of how our immersion in white culture/white supremacy has stunted efforts toward liberation.

Our individual experiences (conscious and unconscious) of the dominant culture and racism/racialization affects how we each understand and work with many core Buddhist principles including:

knowing that there is suffering, in ourselves and others, and our complicity in it  
non-separation/interdependence, how our individual liberation is indeed linked to the  
liberation of all  
practice of no-self and questions of identity  
that there is a transformative path out of suffering, which is based on love

To transform society, we must transform ourselves, beginning with cultivating love and acceptance first for ourselves, so we have the inner resources to look deeply into how we have been harmed, and then into the suffering of others. We will go together into uncomfortable spaces where we can confront and explore the dukkha of racial oppression and to see clearly the greed, hatred and delusion which created it.

“Buddhist thought has positioned itself for millennia to analyze the complex system of the construct known to us as the self. It has as its goal the unearthing of the bonds that tether us as individuals to seemingly endless cycles on micro and macro levels for unnecessary suffering. It heralds the ever-present possibility of personal liberation and the resulting resilience, depth of capacity, peace of mind, strength of heart and wise action.”

We will use the book, as well as other writings, recorded dharma talks, meditation and small group discussion. The group will meet Mondays from 6:30-8:00 pm, starting September 25, 2017, at the Albuquerque Insight Meditation Center. Anne (Osa) Arkin will facilitate this study group and will open the center at 5:45 if anyone would like to come early to connect and chat. It is okay to bring your dinner.

Contact Anne (Osa) at [osaearkin@gmail.com](mailto:osaearkin@gmail.com) if you have questions, comments, or would like to sign up. Study group size is limited to ten (10) participants and is expected to run through mid-December.